

2023

# Dementia Information Sessions

## Monthly at The Carers Centre or via Zoom

### Tuesdays 10.30 am – 12.30 pm

For these sessions, you have a choice of attending online on Zoom or in person at the Carers Centre, 1A Bank Street, Falkirk FK1 1NB.

If you are a carer and would like to attend any of these sessions, please contact Donna Mulder to book a place– see contact details below

**25 April 2022**

**Dementia – Dementia Outreach Team (DOT)**

Learn how the Dementia Outreach Team (DOT) work with families to avoid what could become a crisis situation. Outreach nurses carry out a comprehensive assessment and provide advice, practical assistance and support to patients, family members and carers. The aim is to avoid what could become a crisis and, wherever possible, prevent the patient having to be admitted to hospital.

**30 May 2022**

**Dementia, Delirium & Depression**

Dementia, delirium, and depression are different from one another, but it can be hard to distinguish between them because their signs and symptoms may be alike. Sometimes a person has more than one of these conditions at the same time. Getting the correct diagnosis can be complex but is important to ensure you get the correct professional help. Come along to find out more.

**27 June 2022**

**Dementia – Joint Dementia Initiative (JDI)**

The Joint Dementia Initiative services help people who have dementia stay at home and live within their communities for as long as possible. Come along to find out how to access this service if you are caring for someone who has dementia.

To book a place or for further information, please contact

**Donna Mulder Training Co-ordinator**

**Phone : 07824 381280**

**Email : [donnmulder@centralcarers.co.uk](mailto:donnmulder@centralcarers.co.uk)**

Principle funders

